



## HUMAN SERVICES ACADEMY NEWSLETTER

### April 2016



### **SAFE TALK**

***On Saturday, March 20th, twenty H.S.A. juniors met with Dr. Williams who used presentations and guidance for a half-day training at SPHS. The purpose was to become a suicide-alert helper because statistically...most people do not really want to die even though they may have thoughts of suicide. The students learned to recognize the opportunity to take positive action simply by connecting with someone that is struggling with pain in their lives. Local community resources and how to access them to enhance intervention techniques were discussed. The presentation was very powerful and often personal for some of the teens. TALK steps have been known to be very effective: Tell, Ask, Listen, and Keep them safe!***



### **PUPPET SHOWS**

The sophomores collaborated in small groups of five or six. A slip of paper was drawn to determine which puppets the groups would work with: endangered animals, farm animals, insects and bugs, sea life, wild animals, and occupational characters. They worked on their scripts during Child Development and Care class. It had to be at least five minutes in length. One day was spent making props that included a the four seasons, barnyard, underwater scene, hospital, police department, and a school.

They sat on the floor to practice using their puppets, changing up their voices, and learning how to manipulate the items without arms being seen by the audience. On Wednesday, February 24th, approximately sixty kindergarteners from Oliveland's Elementary School walked onto the Santa Paula High School campus and were seated in the front rows of the auditorium. All six shows were presented and children participated by responding to questions, singing songs,



### **Sports Medicine Seminar**

The Ventura County Superintendent of Schools office lined up this High School event that happened on Monday, February 29th. Catherine Sube chaperoned the four H.S. Academy juniors that went to the Microsoft Theater at Staples Center. They heard experts and local physicians that presented topics related to injuries and treatment with regards to the athletes. Students got to participate in lab scenarios designed and overseen by nationally recognized Athletic Trainer Cindy Kramer. All of this took place on the stage of the Microsoft Theater.

It was very motivational and extremely interesting to Academy students wanting to go into the health career pathway.



**PHYSICIAN'S ASSISTANT**



Emem Brown, from Santa Paula Medical Clinic West, spoke to a group of freshmen in the Introduction to Human Services: Health class on Wednesday, February 24th. She did a PowerPoint presentation that over-viewed Human Reproduction. An emphasis was placed on getting physical examinations. Both bladder infections and hernias were mentioned. Each teenager was encouraged to do a self-examination once a month. HPV was discussed as it relates to the increase risk for cancer. Pap Smears are not being recommended until the age of 21. Updating immunizations was touched upon especially since tetanus is required for schools around the age of 9. Dominant and recessive genes were discussed as they relate to human reproduction.

**ENTRÉE TO EMPLOYMENT:  
HEALTHCARE**



Irene Ornelas, VCOE, assisted with organizing this Healthcare industry event that brought together college representatives, health businesses, and professionals from the Ventura County area to meet

with six of the H.S.A. juniors that have already identified health as their career pathway. Dinner conversation began at 6:00 on Tuesday, March 1st at California Lutheran University in Thousand Oaks in the Lundring Events Center. Students shared, engaged, and connected to the future business world representatives.

***HUMAN SERVICES INTERNS GET ON-THE-JOB TRAINING***

H.S.A. attempts to provide various opportunities for juniors to gain entry-level vocational skills while working alongside business representatives. Several of the Career Technical Education Anchor Standards are reinforced at the community job sites and student samples are placed in their portfolios.

- 2. **Communication**: Using vocational pathway-specific words and phrases that are commonly used by their mentors.
- 10. **Technical Knowledge & Skills**: This would include using the Internet to produce, publish, and even update information at the job.
- 11. **Demonstration & Application**: Interns use knowledge and skills obtained in from the workplace setting.

\*\*\*\*\*

Osvaldo Ambriz  
@City of Santa Paula  
Accounting Dept.  
W/ Sandra Easley



Gabriela Bermudez  
@ City of Santa Paula  
Police Department  
w/ Dianna Miller



Yarelin Cantu  
@ Isbell Middle School  
Campus Security  
w/ Jessie Prado



Karina Lopez  
@ Hanson Ag Research  
Center Social Media  
w/ Susana Bruzzone-Miller



Larry Renteria  
@ City of Santa Paula  
Building and Safety Dept  
w/ Anita Lopez



Josue Rodriguez  
@ City of Santa Paula  
Community Services  
W/ Beverly Ruiz



Cindy Vasquez  
@ Santa Paula High  
School Campus Security  
w/ Judy Alvarez

