



HUMAN SERVICES ACADEMY NEWSLETTER

MAY 2015



UCSB MESA DAY

On March 7th, several of the students in the Human Services Academy attended UCSB MESA Day to represent SPHS in competitive

events.

- ⇒ **1st Solo Math:** Alfonso Gamino 9th
- ⇒ **1st Team Math:** Antonio Alvarez 10th & Christopher Magana 10th
- ⇒ **2nd Prosthetic Arm:** Jessenia Montiel 10th & Larry Renteria 10th
- ⇒ **3rd Speak Up:** Christopher Magana 10th
- ⇒ **Attended:** Liceth Mejia, Natalie Mendez, Isbell Payne, Paola Valdovinos, and Janet Xicotencatl
- ⇒ **1st Speak Up:** Matthew Ramirez 12th
- ⇒ **Attended:** Victor Rodriguez, Bailey Van Buren, and Josephina Cruz

On Saturday, April 18th they met once again at Santa Barbara for Regional Competition.

SEXUALLY TRANSMITED INFECTIONS

Liz Garcia lined up Esther Canales RN who distributed the STD Facts pamphlet to the 9th graders. An emphasis was placed on abstinence. At risk behaviors were listed:

- ⇒ sex without using condoms,
- ⇒ multiple partners, and
- ⇒ consumption of alcohol that lowers inhibitions that increase risk taking behaviors.

She reviewed 8 infections. Three factors were reviewed for each:

- ◆ What to watch for
- ◆ How you get it
- ◆ If you don't get treated



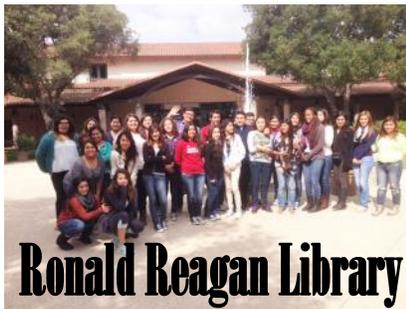
Birth Control

Abstinence is 100% effective and the only sure way not to get pregnant. However, in their future, planning when to have children will be a major decision. Liz Garcia, principal, lined up Ritha

Canales who is a retired nurse for Kaiser Permanente that worked in Teen Health Clinics to speak to the freshmen in the Introduction to Human Services classes.

Why use birth control? Statistics show a 9/10 chance of getting pregnant if sexually active and not using protection. 80% of the teen births are to unwed girls. Over half will be at the poverty level and on welfare often without child support from the father of the baby. The cost of raising a child from birth to 15 years of age is over \$50,000. The fact that resonated among the 9th graders hearing the lecture is the many sacrifices that one must make and the lack of time for a social life when caring for a baby.

Therefore, it is a very personal choice which method of birth control one might choose.



Ronald Reagan Library
On Wednesday, April 22, Mr. Tonello took twenty-nine seniors through a self-guided tour. The replica of the Oval Office had original artifacts. A video explained the attempted assassination on his life. They walked through Air Force One and a Presidential Helicopter. There was an actual piece from the Berlin Wall on display. Visiting his burial site was emotional and gave them time to reflect on his accomplishments.

ROTARY YOUTH LEADERSHIP CAMP



All juniors in the internship class drafted an application for Camp RYLA. It was proof-read by Ms. Gregory and then rewritten. Several students decided to apply for the four-day event that would take place in Ojai. Rotarians in Ventura County previewed the written responses and then chose three juniors to attend: Natali Mendez, Teresa Nava, and Brenda Rincon, in addition to Larry Renteria (10th).

The retreat took place on April 23-26. It was totally funded by the local Rotarians. Youth from all over Ventura County gathered for the educational experience. They exchanged ideas related to current issues. Their leadership skills were enhanced. Information about career opportunities were presented by Rotarians. Inspirational speakers were the highlight of each day.

World War II Children's Books Winner Cesar Chavez Poem Contest



Nicola Lamb, English 11, and Amber McPherson, US History 11, teamed up for an integrated project. The themes often related to their career pathway. The grammar and punctuation was

graded for English and the historical facts got points in history class. The MLA format was required for the Works Cited. Over sixteen hours were spent in their vocational class after school, evenings, and weekends doing work sessions to add all the fancy paper,



borders, journal cards, stamps, silk leaves, and ribbon. Hats off for each and every one of them for the best grades ever on these educational projects.



A Hero to Many

Cesar Chavez was a worker of the fields
Where many crops were grown.
He continued the struggle
And slowly became well known.
The owners of the land
Gave workers such little pay.
The people could not rest
As they labored long hours every day.
He came from Yuma, Az.
And walked his way to better days
Injustice made him walk faster,
dustbowl had filled his eyes with haze.
Cesar told the group
It was time to take a stand.
Together, all could go on strike!



By Amy Rodriguez

But then who would work the lands?
They stuck together.
Through the tough days they won!
"Si se puede," Chavez said,
"Yes, it can be done!"

BB/BS of Ventura County

Steven Magana, SP Program Coordinator, continues to make connections with those students that have been trained and volunteer after school to mentor "Littles". He met twice last month in room 215 to update the "Bigs" and provide them with educational opportunities. On Saturday, March 28th, ten Introduction to Human Services frosh boarded a bus to attend the MECHA Youth Leadership Conference at CSU Northridge. It was a full day of learning all about raising their aspirations to attend a four-year institution.



One day over spring break, on April 2nd, eight students climbed in a van bound for CSU Long Beach. College students were on spring break so the freshmen felt more comfortable maneuvering around the campus. They have a great nursing program that interested several of the students. They stopped by an art museum before heading home.

SPHS Youth Leadership Conference



Richard Castaniero and Gabriela Rodriguez did a luncheon meeting with all fourteen H.S.A. students that signed up to be trained as peer facilitators. Then they spent five hours on Monday, March 30th, with

Latino Town Hall volunteers lined up by Lorenzo Moraza to organize small group presentations. Nineteen H.S.A. students participated in the two-day event that challenged students to step out of their comfort zone and provided the courage to share personal experiences. The comradery and compassion that ensued was a wonderful feeling for everyone involved. Enhancement of self-worth and the growth in personal well-being had participants walking away from the event with heads held high. Fun activities done in "families" had them exploring the concepts of fairness, caring, and respect for all people. This was truly a heartfelt conference.

H.S.A Field Trips & Activities

April 18	=ACT: 30 juniors took the test	
April 22	=Esther Canales RN guest speaker:	
April 22	=Ronald Reagan Library and Museum Tour:	
April 23-26	=Rotary Youth Leadership Awards Camp in Ojai:	
April 24,25, & 26	=America in Bloom for Hospice: volunteer hours	
April 27	=Lennie Kwock from Ventura County Behavioral Health:	
May 1	=Skillin-Carroll Mortuary Tours:	
graders		
May 2	=SAT: all 31 juniors signed up	
May 4-May 29	=Job Shadowing and Service Learning at local preschools:	period 2 10th graders
May 5	=H.S.A. Advisory Committee Meeting 4:00 in room 215	
May 12	=Ventura County Medical Center	9th-12th graders
May 15	=T.O. Performing Arts Center show Cinderella:	English 10 and English 11
May 15	=University Culture on Higher Education overviews Personal Statements:	Period 5 & 6 for 11th graders
May 18	=Museum of Tolerance Tour:	US History 11 and English 11
May 18	=Medieval Times:	English 10 and Child Development/Care
May 21		

THE EVOLUTION OF PLAY @ CALIFORNIA OIL MUSEUM



Mr. Armando Rico designed a timeline for the integrated project. Mrs. Gregory signed off on the materials needed for the display boards using Human Service Academy funding. Student received a handout with assignments and deadlines last December. They went for a walking tour of the California Oil Museum during their English 10 class to see samples of other exhibits. The sophomores drew names of toys for this project.

Step 1: Immediately they started to research interesting facts related to the toy. This information was written in paragraph format, peer reviewed in English 10, proof-read by Mr. Rico, and then rewritten.

Step 2: They interviewed a person that had played with this toy. Notes were taken. The details were compiled into paragraph format, proof-read by the history teacher, and then rewritten.

Step 3: Printing the keyboarded history and photographs of the toys.

Step 4: The challenge was in learning to mount and cut the items for the display boards to meet with Mr. Rico's "eagle-eye" and detail-oriented nature. They look absolutely awesome!

Step 5: Students met at the California Oil Museum for three days over spring break to put up the display.

Step 6: The exhibit opened on Sunday, April 12, 2015 and will remain up through June 6, 2015.



DISPLAY BOARD WINNERS



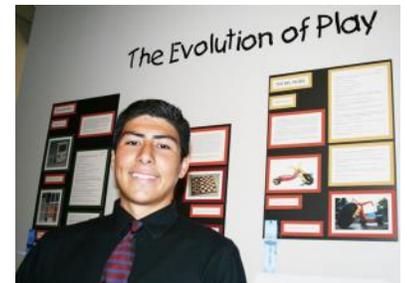
1st Gabriela Bermudez
Game Boy



2nd Martin Alvarado
Checkers



3rd Joey Moreno
Etch-a-Sketch



4th Larry Renteria
Big Wheel

TOY DISPLAYS



Health Career Internships

Thirteen Human Services Academy juniors are finishing up their last month at community-based internships. The goal is for students to learn by doing while on the job site related to their career pathway three days per week.

Mentors assist interns with curriculum-based assignments such as completing charts & keys used at the business, vocational vocabulary directly related to the occupation, and observation of technical equipment used by the professionals. Time sheets record over eighty hours on-the-job experience in second semester alone. This is something that no other program at SPHS can claim. Mentors complete a report on the interns directly related to the Secretaries Commission on Acquired Necessary Skills.

The supervising teacher sees them twice a week to oversee their Academy Link sessions with frosh in addition to items in their portfolios. In May, they will be updating their resumes, learning to write a professional thank you letter, in addition to completing their Personal Statements which is an integrated project between University Culture from CSUCI, Daniella Martinez, and Nicola Lamb.

Students will print copies of their updated resumes on parchment paper along with personal statements and place them into a folder that will be used next year if they apply to a UC and for scholarships.

They will be taking a tour of Ventura Technology Development Center on the last day of school. The awards luncheon will immediately follow at Yolanda Café where they receive their Certificates of Completion.

Nicole Arevalo
w/
Jackie Vigil
@ Vista Cove
Care Center



Zayra Bautista
w/
Heidi Mayorga
@ Heritage Valley
Eye Care



Emani Carranco
w/
Cheryl Scott
@ Dr. Hollenback
DDS



Nicole Enriquez
w/
Martha Maldonado
@ Santa Paula
Medical Clinic



Jennifer Galindo
w/
Jackie Vigil
@ Vista Cove
Care Center



Jacqueline
Gutierrez
w/
Veronica Magana
@ Vista Cove
Care Center



Brianna Guzman
w/
Gigi Barajas
@ Santa Paula
Hospital



Daisy
Martinez
w/ Ali Wagner
@ Dr.
Yamamoto
DDS



Daisy
Martinez
w/
Esmeraldo Perez
@ Santa Paula
Orthodontics



Siara
Martinez
w/ Naemi Lira
@ Santa Paula
Hospital
Clinic



Liceth Mejia
w/
Araceli Tobias
@ Santa Paula
Medical
Clinic West



Teresa Nava
w/
Kathleen Ottneru
@ Identity
Medical
Group



Tamara Urbina
w/ Debbie
Mityassaki
@ Santa Paula
Hospital
Physical
Therapy



Janet
Xicotencatl
w/ Marisol
Ramirez
@ Clinicas
Del Camino
Real



We Love Mentors