



HUMAN SERVICES ACADEMY NEWSLETTER JANUARY 2015



ART FOR CHILDREN

The sophomores in the Child Development class discovered how much fun learning can be through the eyes of an artist.

On day one, nine samples of art projects were made using a variety of mediums. Making petroglyphs from sandpaper was a hit.



On day two, nine stations were set up using a variety of techniques with paint. The fusion project was a favorite along with the traditional finger painting.

Then each student picked a craft that was suitable for a child 3-4 years old.



They wrote up a lesson plan and did an oral presentation with a demonstration on the basic steps in front of the class.



FIRST AID

The freshmen in the Introduction to Human Services took five weeks to complete a unit

based on the American Red Cross Participants Manual. Students

signed up for a section of the book. They began by taking traditional notes. Then they keyboarded them. After three days of making

samples, the students made a master to be used during a presentation. The key was developed and highlighted. Students dressed appropriately and presented their information using one of the following formats:

- ⇒ Demonstration and Flyer
- ⇒ Pamphlet and Key
- ⇒ PowerPoint and Handout
- ⇒ Poster Board and Handout



SANTA PAULA ORTHO

On December 12th, Jarod Lee brought three members of his staff to speak about their occupations with the junior Health and Human Services Academy interns.

Dr. Lee encouraged students to gain employment in jobs related to their career goal in order to work their way up the career ladder with education and persistency.

Elizabeth Barajas, senior, interned at his office during the spring semester last year. She was hired over the summer and continues to earn monies for college.

This month, Mr. Lee presented Ms. Whaley with \$200 for classroom materials and supplies. She was nominated by one of her students that is a patient at his office.

This business continues to provide internships for students with a health career pathway; Jennifer Galindo this past fall semester and Daisy Martinez in the spring.

FIDM



Dru Ortiz, from Fashion Institute of Design & Merchandising, spoke to a group of thirty-three juniors on Monday, December 15th. Staying Ahead of Today's Job Market was the topic. She greeted the kids as they entered the classroom. Her presentation was based around how to dress for the interview. Young women were encouraged to wear a black pant suit or dress. Shoes with a small heel was suggested. Hair needs to be back out of the face. Young men should wear black slacks with a belt. A button up shirt with a basic tie looks professional.

A video showed many of the things "not to do" during an interview. The top two on the list included chewing gum and having a cell phone turned on. Students agreed that an introduction involved good eye contact and a firm handshake. Sitting up tall gives the impression of being interested and shows respect. A resume in hand shows that a person is interested in the job and ready to start.

Ms. Ortiz emphasized that a thank you card should be sent and a follow up phone call is appropriate.

SBBC

Elisaavet Meza, from Santa Barbara Business College, joined the juniors on Tuesday, December 16th. She began the class by handing out "clickers." She presented information on personality types. Questions were asked and students logged into the computer survey program. At the end, they had four pairs of letters that related directly to a unique personality type and a specific list of occupations was provided. Their career choices should relate directly to the information gathered. Most students were able to locate a possible career choice from their pathway.

She showed two YouTube videos related to a bad and a good interview. Steps to prepare for an interview were overviewed in a PowerPoint presentation. Do's and Don't's were explained. The ten most common questions asked during an interview were provided. Ms. Meza encouraged the students to practice the handshake and interview questions.



SOAR Cards



Thirty-one H.S.A. sophomores were excited to get their SOAR cards. The acronym stands for Show Outstanding Academic Results. Their overall weighted 3.0 GPA or higher was used to determine qualification. There are three levels:

- ◆ Red=4.0+
- ◆ Gold=3.5-3.99
- ◆ Silver=3.0-3.49

The higher the GPA, the more incentives the student receives. For students that earned a SOAR card, there will be an assembly in the spring semester during the school day. Keep in mind that a student can improve their GPA and qualify for incentives at the start of the next school year.

Cookbook Fundraiser



Thanks to support from the staff and community, students sold 260 cookbooks as a fundraiser to purchase incentives embossed with the Human Services Academy logo.

- Freshmen earned a variety of items related to health: band aide cases, chap stick, hand sanitizer, and lanyards.
- Sophomores got mini flashlights, thermal cups, laptop bags, and sports backpacks.
- Juniors scored with tote bags, wallets, duffel-sports bags, and hooded sweat-shirts.

Shakespeare Integrated Projects



The ninth grade HSA students have been reading *The Tragedy of Romeo and Juliet* by William Shakespeare in their English classes. In addition to reading, the students performed much of it in class through skits, dramatic readings, talk shows and puppet shows. The students enjoyed working collaboratively to not only read but also “watch” the play through the performances of their classmates.

The tenth graders completed similar performances for the play *The Tragedy of Julius Caesar* by William Shakespeare. In addition, the tenth graders used iPads to tape a movie skit of Caesar’s stabbing. Each group member played a character from Act III of the play. Students created costumes, props, and wrote their own lines. Surprisingly, most students wanted the part of Julius Caesar, who gets stabbed in the scene.

Planning for College



Glenda Learn, SPHS College & Career Specialist, spoke to the interns regarding important decisions that will need to be addressed by next fall. Private colleges are very expensive so students need to apply for scholarships and possibly student loans. Most of our students attend in-state universities. Cal Poly San Luis Obispo offers internships within their majors. Out-of-state schools are starting to be less expensive. They were encouraged to look at all the alternatives and take time to visit the campuses. Talk to friends, relatives, and teachers about their opinions. During the senior year, everyone should go onto the FASFA website for information regarding funding for their education but they can only apply for twelve semesters. There are tons of scholarships available but students do not get them if they do not apply. Some scholarships are renewable so they can apply the following year, also. Their applications need to reflect how their personal challenges have made them a better person and stronger. Emphasize how it applies to what they want to do with their life: college and career. Subsidized loans often do not need to be paid back until they graduate and get a job. Many of our students become student workers at the colleges because they work around the college schedules. Financial Aid Offices are located on all college campuses.

Human Services Academy Alumni Return



Gabriel Diaz is a sophomore at CSU Fullerton. He inspired the juniors to set their goals toward a four-year college...not just Ventura College. College is easy for him as long as

he manages his time well. A discussion about not limiting themselves to just one major was informative. Dorms are expensive so they should consider rooming with others after the first year. It is a great place to meet people from other places. He introduced them to www.ratemyprofessor.com.



Armando Rico survived four years in H.S.A. and did his internships at two of the local schools. After graduating from CSUCI, he did his student teaching at SPHS. One year was

spent at T.O. High School but then decided to return to his alma mater. This is his third year at SPHS in the Social Science Department. He is a welcome member of team teachers in the H.S. Academy. Sophomores have just begun working on their California Oil Museum exhibit on the Evolution of Toys.



Maggie Jackson completed H.S.A. and interned in the health career pathway with a pharmacist and in a dental office. She went directly to UC Davis for four years majoring in Biology. Every spring, she had dinner with the SPHS staff at a

conference in Sacramento. This young lady returned several times to speak with the juniors in the HS Academy program and every year assisted with the Summer Algebra Academy. That is when she decided to switch her career goal and became a teacher. She has a full-time job at SPHS while taking twelve college units at CLU.