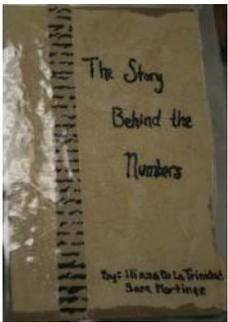




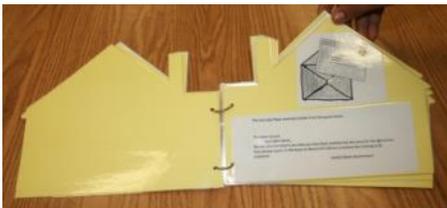
HUMAN SERVICES ACADEMY NEWSLETTER APRIL 2014

WWII CHILDREN'S BOOKS



There was a three week integrated assignment between Ms. McPherson's United States Social Science class and Ms. Lamb's

English 11 class. Most students chose a partner and then picked a subject relating to their human services career pathway. They could use the blank hard bound books, huge die cuts in the shape of trees, houses, or trucks to create their projects.



Writing the story, with a setting during WWII that could be comprehended by children, was a challenge. Grammar, punctuation, and spelling were graded by the English Language teacher. They had to insert historical facts within the educational content that was evaluated by the social science teacher. Sited references were listed in MLA format at the back of the book.



NATIONAL ACADEMY OF FUTURE PHYSICIANS

Sara Martinez, junior, was nominated by Mrs. Gregory because of her outstanding academic record, leadership potential, and desire to go into the medical pathway. She represented SPHS and the State of California at the Congress of Future Medical Leaders that was held February 14, 15, and 16 in Washington, D.C.

Nobel Prize winners were the keynote speakers. Young inventors, scientists, and deans from prestigious medical schools were present. Sara observed a medical surgery performed by a physician using the newest technical equipment. In addition to viewing state-of-the-art diagnostic tools. This young adult flew back on the plane knowing that this was a once-in-a-lifetime experience filled with awe-inspiring motivational activities. Participation enriched her academic profile to set her apart from peers as she begins to complete applications, write essays, and prepare for college interviews. She is eligible to compete for a full medical school scholarship for up to \$185,000 of tuition.



PUPPET SHOWS

Sophomores divided into groups of 5-6 students and then drew pieces of paper to identify which set of puppets they would be using: sea life, endangered species, fairy tales, farm animals, insects or bugs, and zoo animals. The use of puppets would be important. Ms. Page took the English 10 class to the lab to begin keyboarding their script. It had to be five minutes long, educational, or have a moral to the story. Props were made from cardboard boxes using dried eucalyptus, construction paper, popsicle sticks, and plastic fruit. Music was downloaded onto their iphones or iPod and placed into a docking station. Noise makers included cymbals, wooden bird whistles, slide flutes, maracas, and kazoos. Then they strapped on the waist band amplifiers to begin practicing. They disguised their voices to sound like various characters and to emphasize sounds. They performed in front of 60 Westside Preschoolers .



Suicide Prevention Training

Dr. Williams, Assistant Principal, trained 22 juniors and 1 senior from the Human Services Academy during a three hour program. They reviewed the tendency for us to ignore the signs. They began by learning to identify peers with suicidal thoughts. When they see them being careless, moody, withdrawing, and misuse of alcohol or drugs are all signs. Hearing them talk about being alone, having no purpose, needing to escape, and feeling like a burden may be an invitation for help. If they sense the peer is desperate, hopeless, numb, and ashamed...that may be a warning characteristic. Learning about abuse, rejection, losses, and/or discussing suicide may be appropriate. Getting them to seek professional help since most truly want assistance. The H.S.A. upper classmen take advantage of these opportunities to support them. They went through the four basic steps:

- Tell=** as clearly and directly as possible.
- Ask=** are they thinking about suicide?
- Listen=** talk to them about the situation or problems.
let them know you hear what they are saying.



CHALLENGE DAY

Fourteen juniors assisted Link Crew with the four-hour event for all freshmen on Tuesday, March 11th. Ice breakers got the kids to interacting at 8:00 in the morning and four hours later they were sharing personal experiences related to bullying.

Several kids made pledges to overcome the everyday hate and discontent that is in their daily lives.



STD/HIV Prevention Program

The period 4, Introduction to Human Services students, attended a presentation on Monday, March 17th presented by Kaiser Permanente called "What Goes Around." The story was about five seniors that met the challenges of contracting an STD, issues related to friendship, and having to make difficult choices related to sexual activity. It was entertaining but at the same time got the message across that teens are at risk for HIV and pregnancy.



Wellness Week

Glenda Learn organized activities for one full week at SPHS. Lunchtime schedule of events included:

- ◆ Taste Testing: Farmer vs. Store Bought
- ◆ Pull Up Contest & Rethink Your Drink
- ◆ Smoothie Mix Up Contest
- ◆ Apple A Day Contest & Jump Rope Contest

Evening Schedule included:

- ◆ Pan Meal Cooking by Gold Star Personal Chef
- ◆ Pan Cooking by Produce Available
- ◆ Pan Cooking by Suzanne Stamp & Yoga
- ◆ Pan Cooking & Santa Paula Fitness

H.S. Academy students were available nightly to assist with set up, sign-in, and putting away displays. Frosh had fun participating and got extra credit for attending the nightly events!

Youth Leadership Conference



Lorenzo Moraza, Latino Town Hall, encouraged juniors to participate in a training event. Nine students learned the strategies and techniques to assist with the two day event at Santa Paula High School over spring break. One hundred high school students participated in team building, goal

setting, and leadership development not to mention the fun, food, and prizes. The movie "Walkout" was shown and guest speakers included David Cruz and Maria Elena Plaza.